

# TRIOMED CGI User manual



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# USER MANUAL FOR TRIOMED CGI

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## 1. What is MMV Therapy?

Millimeter wave (MMW) therapy is a revolutionary new method in healthcare and rejuvenation.

MMW therapy was first developed by prominent Russian scientists headed by Academician ND Devjatkov and Professor SP Sitko 60 years ago. Millimeter waves are the language our cells use for communication among themselves. Cells are alive and vibrate at certain frequencies. These vibrations create waves. The whole world is steeped in super weak vibrations, and knowing this, it possible to understand the existence and future development of the body.

According to the quantum mechanical model, each object is of a dual nature – a material and an electromagnetic – where everything vibrates and every cell is part of the context. Millimeter waves (radio waves) have frequencies between 42.3 and 100 GHz (or 10-10 mW/cm<sup>2</sup>), which are a billion times weaker than the emission from mobile phones. It is with these waves our cells' membranes vibrate and transmit information to each other. When these waves become imbalanced, our cells are damaged and aging and health problems become the results.

Electromagnetic waves in the millimeter range have a low capacity to penetrate biological tissues (0,2-0,6 mm), are almost fully absorbed by the upper layers of the skin and by the water, hydrated proteins and collagen fibres contained in them and do not have a thermal effect. At the cellular level, electromagnetic waves in the millimeter

range activate the metabolism through calcium-dependent processes. The response of the body is manifested in the skin and visceral reflexes as well in the general reaction aimed at strengthening the adaptation, adjustment and defence capacity. The healing and rejuvenating effects are achieved through the central and peripheral nervous system as well as through the protective and regulatory systems of the body. Electromagnetic waves in the millimeter range thus regulate the cellular biochemical activity and physiological functions of the body in general. The effects mentioned above have been clinically manifested in anti-inflammatory, analgesic and anti-oedematous activity, improved tissue regeneration, increased non-specific resistance of the body through stimulation of the immune system, in enhanced systemic and regional hemodynamics, normalised regulation of the autonomic nervous system and in anti-stress activity.

Imbalances in millimeter waves are the root cause of aging and health problems. The powerful device, Triomed CGI, which produces millimeter waves, enables contact with the body's frequencies and can correct harmful imbalances. Thanks to the resonance created with the body, the ultra-low frequencies have a very strong effect. Millimeter wave therapy do not cure symptoms, but instead enhances the body's own healing power and ability to rejuvenate. The body's self-healing ability is restored by strengthening the cell membranes - which are the cells' interfaces with the rest of the body.

This method has undergone many years of clinical testing and has proven to be highly efficient. Clinical tests conducted in Russia show that: "Regardless of the nature of the disease, millimeter waves normalize the immune system parameters, improve micro-circulation, balance the body's metabolism, slow down the aging process, extend longevity, lower the risk of oncological diseases, raise the efficacy and reduce side effects and toxic effects, shorten treatment times and improve health status for patients with heart attacks and strokes, speed up the healing of bone fractures up to 3 times and create a clear analgesic effect. Since this modality uses the same frequency and strength as the body's cells, the treatments cause no side effects. How fast you notice results depend on the nature and the condition of the patient."

## 2. What is Triomed CGI?

Triomed CGI is a tuning fork for the body's cell membranes.

Triomed CGI is a portable therapeutic device, which you can carry in your pocket, for rejuvenation, treatment and prevention of various pathological conditions. Triomed CGI emits low-intensity electromagnetic radiation (less than  $10 \mu\text{W}/\text{cm}^2$ ) of extremely high frequency EHF (42-100 GHz), or so called millimeter waves. This, so called Biotrem technology, or resonance therapy, corrects the cell membranes' vibrations by resonance by emitting the same super weak vibrations that the membranes have themselves.

Triomed CGI restores the cell membranes' vibrations and thus the physical functions are improved. Strengthened and healthy cell membranes help the cells to easier absorb oxygen and nutrients and facilitate the release of toxins and waste products, which enables a faster healing and rejuvenation process. When Triomed CGI has restored the membranes, their receptors become more sensitive and are able to communicate with the brain better and absorb nutrients, hormones etc. better.

The most efficient membranes to work with are those of the nervous system. Hence, Triomed CGI is one of the best possible tools for balancing your nervous system - which will help you sleep better, handle stress better and be able to control your entire physiology much easier. Triomed CGI contributes to restoring the activity of the sympathetic and parasympathetic parts of the autonomous nervous system and increases the total activity of neurohumoral influences in the human organism. Triomed CGI prevents exhaustion of the sympathicon-adrenal system and resulting developments such as chronic stress.

A small crystal in the device also enables homeopathy treatments by recording vibrations and then re-emitting the same vibrations back, thereby creating resonance and in doing so doubling the body's ability to fight back.

### 3. Therapeutic effects

When cell membranes' vibrations are restored with Triomed CGI, physical functions are improved automatically .

Exposure of the human biological energy to the low intensity radiation of the crystal in Triomed CGI maintains and strengthens a person`s energy and information system, restores the integrity of the energy flow, restores the harmonious functioning of the cells and, as a consequence, creates a general strengthening and rejuvenation of the body.

Introducing MMW therapy and Triomed CGI in complex treatments of various health problems enables a faster healing process, reduce the severity of side effects and has achieved positive clinical results in drug-resistant patients. The device can be used to enhance the body's health resources. The effects of MMW therapies have been clinically proven as anti-inflammatory and capable to activate healing processes, analgesic and anti-edematous activity, improve tissue regeneration, improve blood circulation, promote anti-stress and normalize the regulation of the autonomic nervous system. All things that leads to rejuvenation and greater wellbeing.

Human health depends on how well one can adapt to the environment. In our modern technogenic civilization with all electromagnetic smog, with damaging and degenerative effects on our cells, the vitally important EHF emission is replaced by technogenic noise. Treatments with Triomed CGI results in synchronization of different systems inside the organism and of its external environmental relations on an informational level. Thus, Triomed CGI restores auto-regulative functions, balances informational vibrations, creating resonance with the cells, organs and tissues.

First and foremost the device can be used as first aid in emergency situations to alleviate injuries and acute conditions or to boost the ability of the body to adapt to adverse conditions in the external environment as well as during stress, strong emotional disturbance or psycho-emotional distress. The best effect is achieved when the device is used immediately after an injury or disease symptoms have appeared. Triomed CGI marks a new stage in the development of MMW technologies and is designed to protect humans and pets from environmental unfavorable elements.

Triomed CGI is a home appliance recommended for everyone and everyday use. Triomed CGI easily fits in your pocket, supports better concentration and learning abilities, contributes to mutual understanding between people and prevents fatigue and helps relieve stress.

Triomed CGI is also a health care and wellness tool for:

- rejuvenation
- preventing infections and inflammations in the human body
- transferring information from any information carrier to fluids or to the body
- structuring water
- taking care of plants
- improving health of pets

Triomed CGI

- Contributes to reduction of diseases, and it is an efficient preventive tool
- Increases general immunity
- Increases work productivity
- Lowers fatigue level
- Increases stress-resistance
- Improves sleep and sleep quality
- Reduces pain
- Facilitates for the organism to adapt to the environment,
- Provides technogenic protection
- Restores the bio-field of the human body
- Has strong rejuvenating effects

Triomed CGI has proven efficient in treating health problems in:

- The peripheral nervous system
- \* The autonomic nervous system
- \* In ENT organs (Ear, Nose & Throat)
- The cardiovascular system
- \* The lungs and pleura
- \* The digestive tract
- \* Skin and subcutaneous
- \* The musculo-skeletal system
- \* Gynaecological problems
- \* Diffuse pain
- \* Pathology of the joints
- \* Health problems of the spine
- \* Wounds, burns
- Allergic problems with skin rashes
- Stress

There are numerous way of using Triomed CGI:

- Emit millimeter waves locally on a problem area with one of the programs
- Emit millimeter waves to various body zones connected to different organs or body parts
- Emit millimeter waves to acupuncture points
- Emit millimeter waves to water and thus structure water
- Record information from a problem area and re-emit the information to the area
- Record information from a healthy area and re-emitting the information to a corresponding unhealthy area (for symptom relief)
- Record information from a healthy blood family person's body part and transfer the information to your unhealthy corresponding body part (for symptom relief)
- Record information from a problem area and transfer that information to water and then drinking that water
- Record information from a problem area and transfer that information to the blood via the artery
- Record information from acupuncture points and re-emit that information to these points
- Record information from saliva or urine and transfer this information to water and drinking that water.
- Record information from eye drops to water and rinse the eye
- Record information from various liquids, herbs, oils and transfer that information to water or ointments or directly to the body

Triomed CGI is an easy and kind way of helping your body back to health and rejuvenation! It can be used by adults, children and on pets, has no side effects and can be used everywhere at any time.

## 4. Triomed CGI's 3 Programs

How to use the device:

- Take a comfortable position.
- To begin the procedure, select the suitable program and switch on the device by pressing the control button.
- Place the device on the body part with the top panel facing up (the small round dimple on the panel, where the square crystal is visible).
- To switch on the device and to begin the session, press the control button. When continuously pressing the control button, the device successively passes on to the next program in line (visible by the program lights of ca. 2 seconds/program). When the control button is released at a selected program, it starts operating and the speaker produces a sound.
- The duration of each treatment session is determined by the program in use. It is not recommended to break a session before it has ended. At the end of a treatment session, the device will switch off automatically.
- You can switch off the device earlier at any time if needed by pressing the control button.

The device has 3 separate programs, each with millimeter waves but modulated slightly differently.

Programs 1-2 launches the low-intensity wave emission generated by the crystal with a varied emission of the low-frequency modulations. The combination of programs ensures multi-functionality and enhances the effect. Select program according to treatment of preference.

# Program 1

Harmony, 30 minutes

Directly on the body or for distant stimulation.

Use 1-2 times per day, morning and evening. The maximum duration of stimulation per each 24-hour period is 2 hours.

The program is designed to stimulate the whole EIS of a person.

The Harmony program provides individual and remote treatment. This program is mainly used for harmonizing the nervous system. It is designed to stimulate the whole body – and also affects the people around you.

The interaction between the crystal and the flowing energy in bodies creates harmony, which leads to an overall resistance towards negative factors and strengthens the body's recovery properties as well as creates an harmonious atmosphere between people. This program is very effective for healing particular conditions as it strengthens the body's own fight against aggressors, micro-organisms etc.

The radiation of the crystal structures the water particles present in the air which, and once having been restructured, the water particles start re-radiating, creating and maintaining an all-around radiation effect – even after the device is switched off.

Thus, the surrounding space is cleaned from electromagnetic smog. This is why millimeter waves are so important for all biological beings, humans, animals and plants.

This program is especially useful when traveling long distances in planes or cars, extensive work at the computer or cell phone, spending time in smog infected environments.

With this program you are able to copy information from the body and transfer it to a carrier (blood, lymph, water, oils, ointments etc); copy information 20 seconds, turn it off and re-emit that information to the carrier for 20 seconds and then drink the water/ rub in the creme. Remember that the recorded information is constantly emitting frequencies until it is turned on again.

This program also enables structuring of water and liquid foods. Structured water enables the cells to easier absorb the water. Treat the water 20 seconds through the glass wall (wall should not be thicker than 2-4 mm). Always start the day with drinking a glass of healthy structured water!

This program can also be used to copy and transfer frequencies. If you have a cold, for ex., copy the frequencies of mucous by turning on the program and hold it to the area, which you want to copy information from, for 20 seconds. Then turn off the program and hold it to a glass of water, to some ointment or other medium for 20 seconds. The

device will continue emitting the frequencies until turned on again.

You can use this method for practically everything, a few examples:

- \* Copy information from supplements and transfer to drinking water or directly to the artery in the elbow.
- \* Copy information from a healthy shoulder/knee or any body part/ to its opposing non-healthy part.
- \* Copy information from a blood-relative's young healthy skin and transfer to a lotion and rub this on an older person's skin.
- \* If you are allergic with itchy eyes, copy the information from tear drops and transfer to a glass of water, which you sip throughout the day.

## Program 2

Regulatory, 10 minutes.

This program is used for treating inner organs, body parts, acupuncture points, energy centers, energy channels, reflex zones and problem areas directly. It is also used for rejuvenating the skin.

When the energy flows are regulated, it will increase the body's general resistance and restore its functional reserves.

This program can also be used for diagnostics by identifying distortions and stimulating these, bringing the interaction of cells back to harmony.

The program is recommended in cases of fatigue, increased irritability, overexertion, psycho-emotional stress, sleep disorders, mood swings and depression. It promotes an adequate reaction of the organism to any stimulus. It optimizes all stages of reaction to the aggressive factor causing stress. To activate the stress-busting effects, it is recommended to use the device to stimulate the projection of the chakras on the arms in the area of the wrist, the centre of the palm of the left hand (left handed should use their right hand palm) and on the head - in the tragus of the ear, with the slow circular motion.

The duration of stimulation for one zone is 12 minutes, twice a day. In case of chronic

stress, exposure rate is 10 - 15 days.

This program is designed to work with the main energy centers, channels and problem areas. The energy centers are stimulated to restore the energy balance of the body. In order to restore the flow of energy through the channels of the hands and feet, use the device to stimulate the fingertips and toe tips respectively, for 1 minute each, starting with the left little finger and ending with the right little finger, successively.

This program will stimulate:

- the central energy-informational system of the energy channels
- the peripheral system of the channels
- the energy centers
- problem areas

Treatment on all these energy systems have a long-term effect. In the beginning, shortly after a treatment, an initial positive effect is apparent. This effect will increase during the next 2-3 weeks. That is why intervals of up to three weeks are required between treatment courses.

When working on the energy centers, begin with the first chakra moving up to the fifth chakra, one minute per chakra, 1-2 times a day. At the same time, thanks to the regulation of energy flows and nodes, human EIS recovers, the general resistance to unfavourable factors increases and functional reserves are restored.

The regulatory program allows for diagnostic assessments of the human EIS, identifying areas that are connected to the distortions and by stimulating these, harmonizes the cellular interaction in the body. The diagnostic assessment should be carried out in a calm, quiet and relaxed atmosphere in order to notice the body's response.

Take a comfortable position, calm down and start stimulating the left palm with the device making slow, circular movements for 5 minutes (2 circles/minute), left handed should use their right palm.

Pay attention to your body. Gradually, you can feel your body's response. It may be in

the form of tingling, itching or slightly painful sensations in different places. You should identify the most pronounced response. This will be the location of the body's reaction to the impact (trigger zone). You should switch on the device again, bring it to that spot and start the healing session. Treat only one trigger zone per session.

The following days, continue the treatment with the same sequence. The body may respond in the same spot or elsewhere. The body will determine the response zone in accordance with its needs. The painful area can be the same or a new one. Treat the area of need. Treatment duration per zone is 10 minutes.

You can treat acupuncture points with this program, 5 min./point on the body and 2 min./point on the head.

#### Contraindications for program 2:

Benign or malignant tumors, tuberculosis, 3rd stage of hypertension or bleeding.

### Program 3

Recovery, 15 minutes.

This is the homeopathy program enabling the body to double its capacity to fight disease or health problems. The device takes a photograph of the problematic body part's vibrations and re-emits the same frequencies, thus enabling a doubling of the capacity to fight micro organisms. The program records the condition's frequencies 20 seconds and then re-emits those frequencies 40 seconds. So, in 15 minutes, the information has been updated and re-emitted 15 times. The recording place is always on the problem area of the body, and the device should not be moved around.

The information signal of the Si-Ge crystal helps your EIS recognize the problem automatically and helps the body to start the appropriate reactions. It will normalize the area and enable rapid recovery.

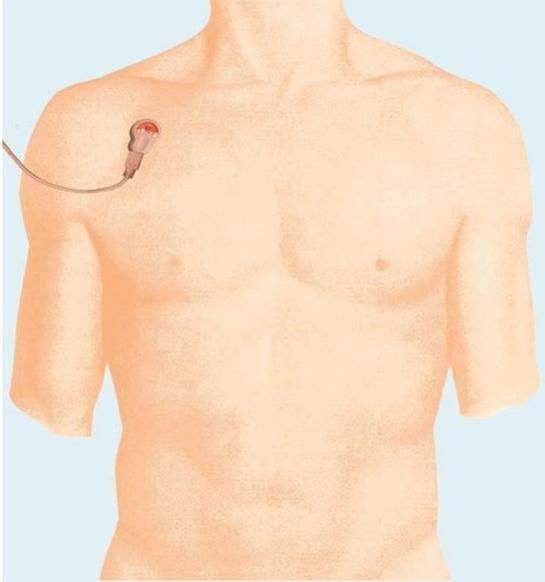
With this program, the background radiation can also be positively affected. To do this, bring the little window of the device to the selected area and then start the program. The device can be left in the chosen area and will affect its surroundings even after the program is switched off.

The worse the body`s condition (i.e. abrasions, burns, bleedings), the more preferable it is to use this program as it accelerates the regeneration of damaged tissues.

## 5. General Treatment Zones

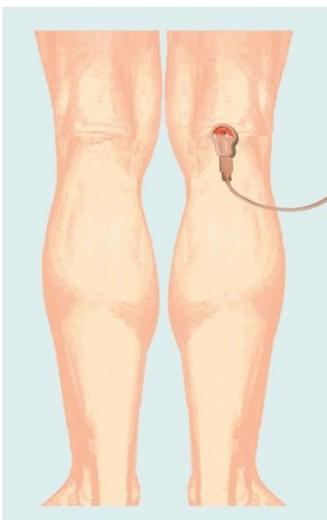
There are 10 important meridian points to use for general balancing of the body: Colon GI-4 , GI-11, Stomach E-36, Kidneys R-1, Spleen RP-6, Rear Central Meridian VG-20 and VG-14, Heart C-7, Front Central Meridian VC-17 and VC-8:

## Important zones affecting general physiological processes in the body



Close to the collarbone. Activates recovery and regenerative processes in the body. A recovery is a precondition for improvement of any kind of health problem.

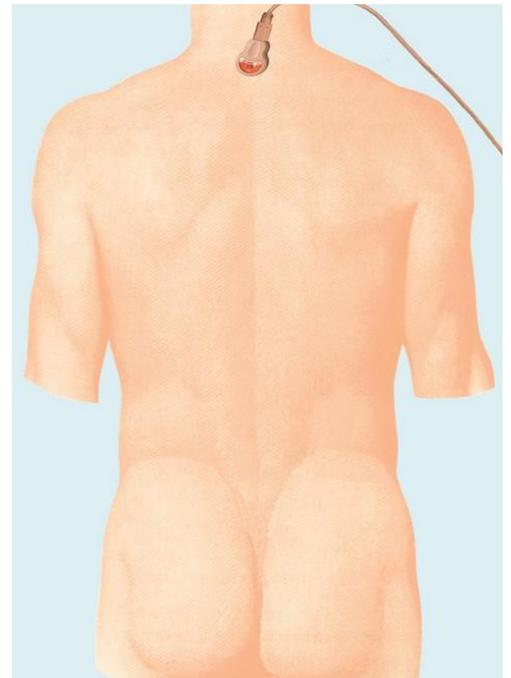
Close to the elbow. Normalization and optimization of the metabolism on all levels. This is the basis for good health.



Around the knee and in the hollow of the knee. Prevention and treatment of all forms of connective tissue degeneration (arteriosclerosis, scarring, cirrhosis). If connective tissue replaces organ tissue, health problems can arise.

The lower part of the spine. Optimizes the functions of the abdominal cavity (under the diaphragm), pelvis and bones.

Underneath the seventh vertebra.  
Balances the nervous system.

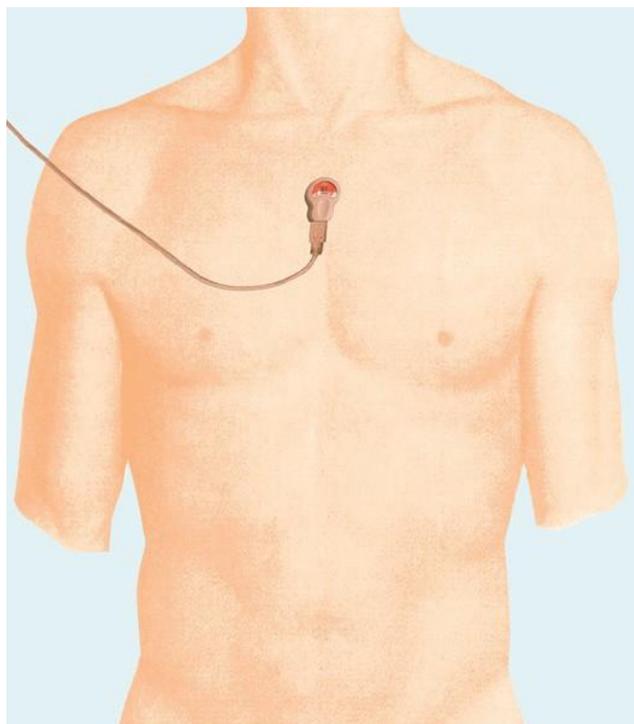
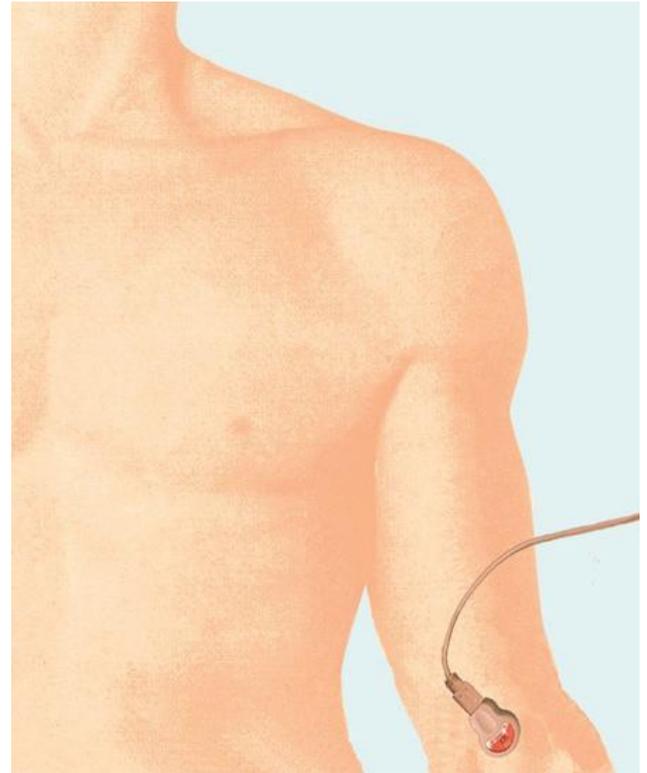


Behind the ear. Improves functions of the central vegetative system. For high perspiration, drowsiness, dry skin, aggression, low or high blood pressure and high temperature.

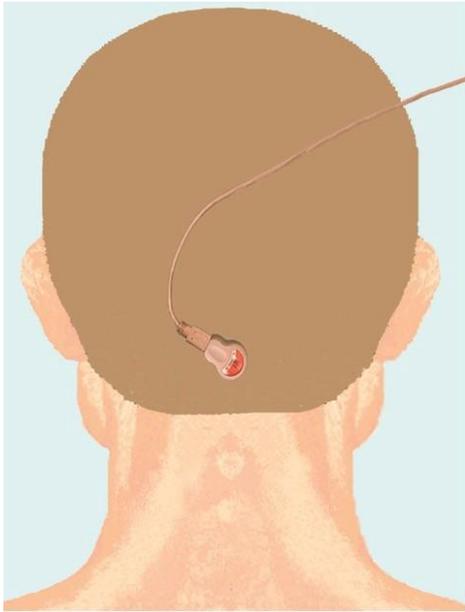


Front abdominal wall. Optimizes the functions of the small intestine. The small intestine is an extremely important organ. Here digestion and absorption take place and energy is generated.

Inside of the elbow. Creates a detoxing effect and optimizes the functions of the immune system.



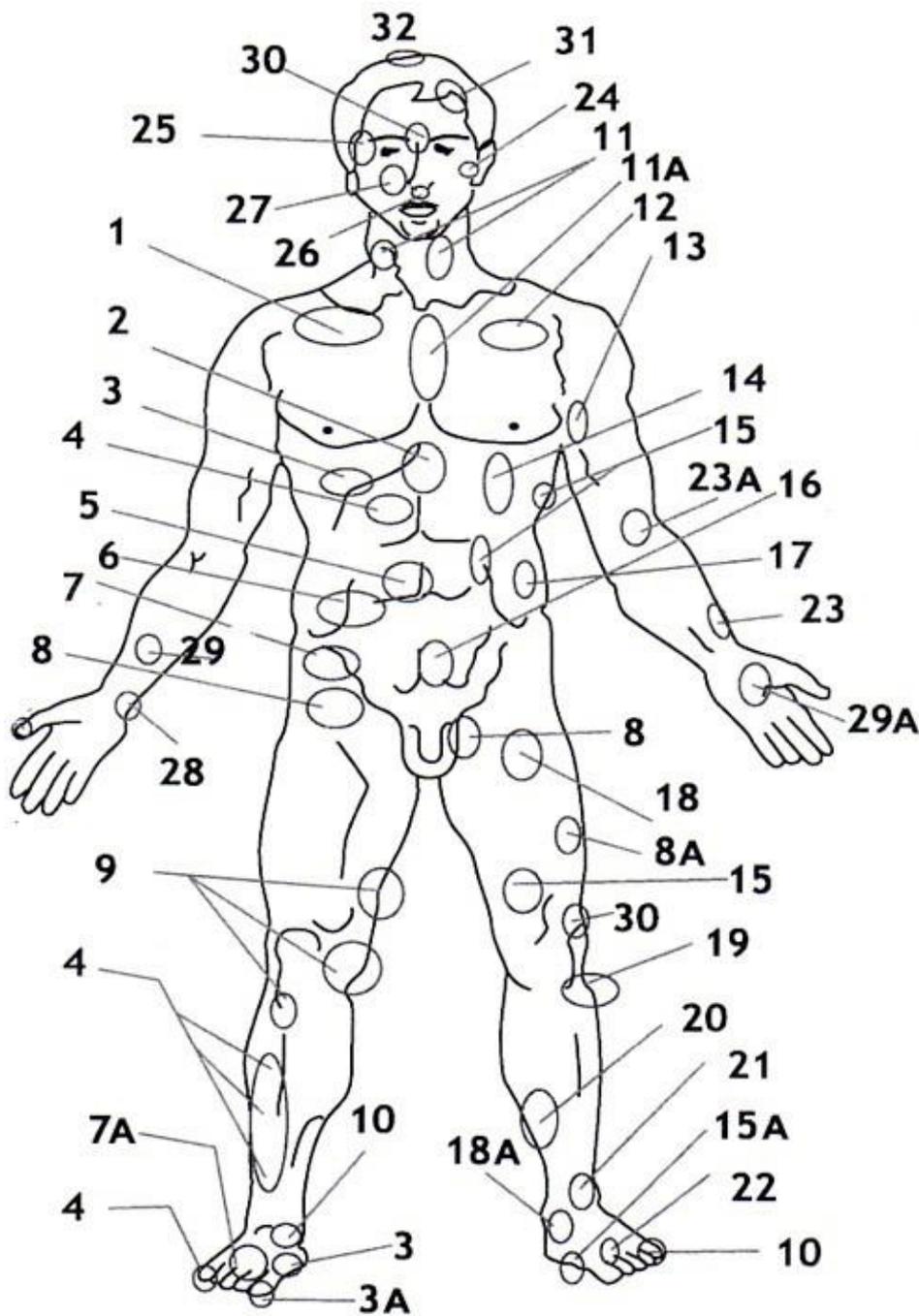
Sternum. Improves the regulating mechanisms of the vegetative system and the immune system. Often used for allergies.



Back of the head, in the hollow. Regulates the pituitary and the hypothalamus.

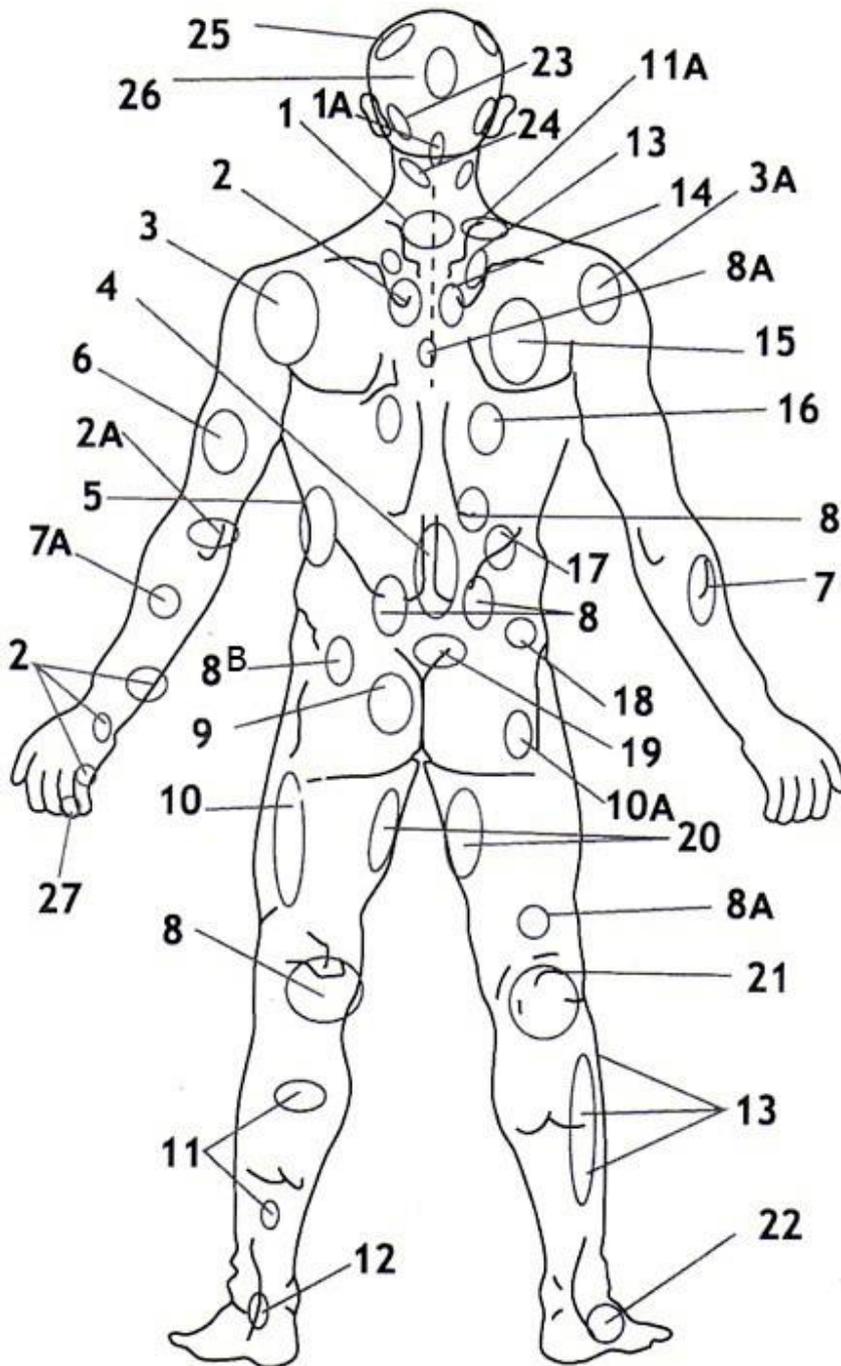
Projection zones of corresponding organs, front side of the body.

1. Lung diseases.
2. Gastritis. Heartburn.
3. Liver. Hepatitis. Digestive problems.
  - 3A. Concentration.
4. Gall bladder.
5. Intestinal problems.
6. Colon.
7. Kidney disease.
  - 7A. disease in the nasopharynx.
8. Hip.
9. Knee joint, arthritis.
10. Disease in the gall bladder and kidneys.
11. Coronary artery disease. Respiratory distress. Sore throat. Thyroid gland.
  - 11A. Bronchitis.
- Increased immunity.
- Fibroids.
12. Chronic heart failure.
13. CHD. Heart pain.
14. Spleen.
15. Pancreas.
16. Prostate, uterus, bladder.
17. Colic. Constipation.



- 18. Sexual imbalances.  
Arteries in the pelvis.
- 19. Reduced digestion.  
Arteries. Stress. Cerebral paresis.
- 20. Imbalances in the menstrual cycle. For bleeding.
- 21. Deterioration of sight. Arteriosclerosis.
- 22. Disease in the stomach and liver. Toxins.
- 23. Swelling.
- 23A. Adaptation. Immune defense. Toxicosis.
- 24. Collapse.  
Arteriosclerosis.  
Pituitary.
- 25. Intoxication. Headache.  
Sight. Pituitary.
- 26. Shock. Collapse. Coma.  
Pituitary.
- 27. Sinusitis, neuritis in the facial nerve. Cosmetic.
- 28. To lower blood pressure.  
Stress.
- 29A. Veins. Respiratory distress. High blood pressure.  
Stress. Liver.
- 29B. High blood pressure.
- 30. Aids hangover.
- 31. Insomnia. High blood pressure.
- 32. Shock. Collapse.  
Circulatory imbalances in the brain.

## Projection zones of corresponding organs on the back of the body.



1. The entire spine. Immune defense.
- 1A. CHD. Cerebral paresis.
2. Heart. Respiratory distress. Lungs. Bones.
- 2A. Metabolism. Regulation of catecholamines.
3. Spleen.
- 3A. Arteriosclerosis. Blood clots.
4. Ulcer. Problems in the loin.
5. Pancreas.
6. Diseases in the stomach.
7. Detoxing the body. The lymphatic system.
- 7A. Colon.
8. Kidney problems.
- 8A. Ulcer.
- 8B. Sciatica. Hernia.
9. Sexual imbalances. Stagnation in the pelvis.
10. Hip.
- 10A. Gout. Hip.
11. Damaged ureter. Sciatica.
- 11A. CHD. Tachycardia.
12. Bladder. Anesthetic. CHD. Capillaries. Sciatica. Neuropathy.
13. Gall bladder. Gallstones.
14. Bile ducts. Blood diseases.
15. Lung diseases.
16. Liver problems.
17. Restoration of adrenals. Prostatitis.
18. Small intestine.
19. pelvis organs. Ovaries.
20. Sexual problem. Climax. Liver. Itching.
21. Knee joint. Ligament.
22. Abnormalities in the rectum. Adenoma. Fibroids.
23. Stress. Hysteria. Sight. Asthma. Memory.
24. High blood pressure. Neck.
25. Facial nerves. Collapse. Shock. Crises. Hearing.
26. Abnormalities in the cerebral blood flow.
27. Toxic complications. Metabolism.

## 6. Cosmetic treatment

### Rejuvenation of the skin

A daily two-week rejuvenation program for face and neck. Use Triomed CGI's program 2.

As you get older, the skin's production of hyaluronic acid declines. It has negative consequences for the skin's normal hydration and collagen, the skin becomes dry, pale and lose its elasticity.

Collagen is important because it gives the skin vitality and restores elasticity so the skin can maintain its normal structure.

Why is cosmetic treatments of the skin not as effective as we would like? It depends on the skin's structure and physiology. The outer layer of the skin consists of dead cells. It is the living cells deeper down in the skin that are important. The skin's health and beauty depends on the quality and quantity of the living cells in the skin's different layers. Skin cell regeneration takes place in the basal membrane, the deepest layer of the skin.

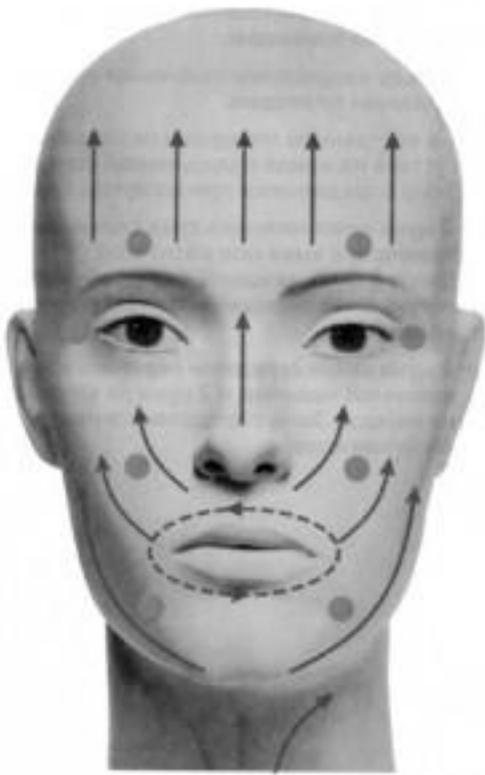
(Therefore, when using facial lotions, use a lotion that penetrates deeply into the skin instead of just anointing the dead cells on the surface.)

For this deeper layer to function properly, it needs a good blood supply. The more blood and the greater the blood's ability to carry oxygen to these cells, the higher the level of metabolic processes in the skin, the more collagen will be produced and skin cells will become healthier.

With the help of the program 2 on your Triomed CGI, you can improve the micro circulation in the capillaries and small blood vessels, increasing the cells' oxygen uptake as well as provide an antioxidant effect by the elimination of free radicals.

In order to rejuvenate the face and neck with your Triomed CGI, we recommend you treat your skin around the eyes, forehead, all the lines and front of the neck (see figure below) for two weeks.

Move the device slowly from the middle of the face and outwards, beginning with the forehead, then the nose, corners of the mouth, chin and eye area. Also place the device 20 seconds on each acupuncture point as shown in the picture.



This two-week treatment is sufficient to activate the metabolic processes in the deep layers of the skin, in the basal membranes, and to normalize the moisture in the skin. The effect of this treatment lasts 3-4 months. It is recommended to repeat the treatment 3-4 times per year.

Triomed CGI is efficient on its own, but in combination with cosmetic oils and facial lotions and massaging the face after treatment (in the same directions as moving the device) the effect will be enhanced. You can also copy information from the skin and re-emit the information to your skin lotion for an even stronger rejuvenating effect. As your skin improves, you need to keep reprogramming your lotion, so only program small amounts at a time.

This rejuvenating treatment is painless and without side effects.

## 7. Important tips and advice

Using Triomed CGI daily and systematically.

### In the morning:

- Start your day with a glass of structured water.
- Turn on program 1, Harmony and let it run 30 minutes.
- Between autumn and early spring, use program 1 often to increase your energy supply.
- If you have a health issue, or in order to prevent disease, use the diagnostic program to discover problems early (use one palm to diagnose and then treat the corresponding zone).

### During the day:

- Before situations demanding psycho-emotional effort, use program 2 on your palms.
- During negotiations and leadership situations, turn on program 1 for 30 minutes.
- When riding the subway, the program 1 is beneficial to use.
- When travelling long distance, use program 1 (30 minutes) every 3rd hour.
- Before performing physically hard work, use program 2 on the fingertips, 1 minute per finger.
- If you have not been able to avoid stress, turn on program 1.
- In an emergency situation, use program 3 on a problem zone.
- Use program 2 to energize chakras and energy channels.
- During the day it is recommended to drink structured water.

### In the evening:

- Turn on program 1 (30 minutes).
- If you cannot relax and fall asleep, use program 2 on the tragus zone.

If you are planning to undertake longer travels by air, passing through climate- and time zones, it is necessary to use program 1, 3-4 days before your trip.

## More important advice...

1. Use the Harmony program often in order to strengthen the body generally.
2. Combine working on local problems areas with zones and main acupuncture points.
3. To achieve a mild detoxification of the body, record information from saliva or urine and transfer to water (which you drink). Record the information before breakfast in the morning.
4. The saliva is especially helpful when copying information as it contains all of the body's frequencies and can be used for many different conditions. Use the Harmony program, copy the saliva, turn off the device and hold it to a glass of water or over your body (for ex. back of the hand). Other examples for using this procedure:
  - copy a painful back area, transfer the information to an ointment and rub the back with the ointment.
  - eye problems; copy eye drop information and transfer to water, which you then drip into your eye.
5. You can also treat your eyes with the Homeopathy program (program 3) by holding it directly on to your eye for 15 minutes.
6. The Homeopathy program is also very effective for treating arthritis in the knees and other joints.
7. One particularly important organ (gland) to treat and balance is the hypothalamus in the brain as it controls everything in the body. Use programs 1 or 2 (program 3 is also possible) on top of your head 2 minutes max. and back of the head 2 minutes max.
8. To strengthen your general health and balance the body, from time to time, treat the 10 important acupuncture points. Use 3-4 points per day.
9. It is often more effective to treat the reflex acupuncture zones than directly on an organ.  
Other ways of treating zones:
  - Move the device slowly over the palms of the hands and over the soles of the feet (one program length/ hand or foot) - in this way you reach many important acupuncture areas, energizing the body.
  - Move the device over all finger tips (1 minute/finger tip), beginning with the left hand's little finger, moving over all finger tips to the right hand's little finger. This will energize your meridians. You can do the same with the toe tips.
10. Remember that millimeter wave therapy increases the body's resilience and helps the body to activate its own healing resources.
11. There are 3 different programs, but if you do not know which one to choose, you can never do wrong as all programs are beneficial for the body. The only difference is that a correctly chosen program is slightly more effective. Just choose the program closest to your health issue.
12. Treat local areas and zones 10-15 minutes, acupuncture points 3-5 minutes.
13. When working with acupuncture points or zones, it is not necessary to find the exact area or point, it is enough to get close. Millimeter waves always travel to the area of least electric resistance, and weak areas or points always have a weaker electric resistance.

14. To maximize the effect of using Triomed CGI for rejuvenation and health problems, it is recommended to combine the many different treatment methods the device offers.
15. Remember to drink enough structured water every day.

There are thousands of different health issues, and to give specific treatment recommendations for all issues is impossible. But this is also not necessary as we are not treating symptoms but are helping the body to become strong enough to deal with the health issues and itself. Therefore, these general recommendations will create good results for any kind of problem.

Remember that when the body starts to heal itself - it is rejuvenating itself too!

#### Contraindications for using Triomed CGI:

If general contraindications against physiotherapy exist, if you have a temperature of unknown reason, if you have implants with an autonomous energy source.